

Village Counseling
Oriental
252-675-5026
www.villagecounselingoriental.com

Psychotherapy is a partnership between therapist and client. I bring my knowledge of psychology, relationships, skills in healing, and approaches to change. You bring specific strengths, needs, goals and life experience. You set the goals and direction for therapy. I work to guide you toward those goals in a way that fits you and your present life circumstances.

The movement towards your goals will require change. Long lasting change may take time. It is best accomplished through consistent regular appointments. I will set aside a specific time to see you. Sessions are 45-50 minutes in length. Please inform me as soon as possible if you will not be able to attend. I reserve the right to charge a full fee for sessions canceled without 24-hour notice. Please be aware you are responsible for all fees not covered by your insurance at each visit.

Confidentiality is essential to the therapy process. I will make every effort to protect your privacy. I do need permission to speak to your primary care doctor. There are other limitations. These are described in the North Carolina Notice of Privacy Forms. Please be aware if you will be using insurance they require information regarding diagnosis and assessment.

Communication and collaboration is an important ingredient for successful therapy. I will make every effort to communicate with you in a timely manner. If you do not hear back from me by the next business day, please call again as voice mail is not always reliable. If there is an emergency that cannot wait for a return call, proceed to the nearest emergency room and ask for the psychiatrist on call. A release of information is required for me to consult, if need be, with your primary care physician. If there are other professionals involved, please list them on the release. Please call me if you have any questions or concerns at any time.

Sincerely,

Sue Colavito, MA